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a poppy**  
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so we will  
never  
forget.

# SPOKE

A LEARNING NEWSPAPER FOR JOURNALISM STUDENTS

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journalism students



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MONDAY, NOVEMBER 5, 2012

CORVALLIS COLLEGE, CORVALLIS, OR

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## Students help the United Way

### BY WENDY STARRMAN

Another two weeks of United Way fundraising at the college has come and gone, with faculty, staff and students donating generously.

Campaign organizers set a goal of \$50,000, with approximately 50 per cent of that being raised as of Oct. 28.

According to Janice Robinson, a Student Life programme in the college, the final amount raised won't be known until later this week.

"All the student events finished Nov. 2," said Robinson.

The village kickoff was Oct. 17 and featured guest speakers who talked about the agency's three focus areas: Poverty in Communities, Healthy People, Strong Community, and All that Kids Can Do.

The United Way is an organization that believes that together, we can strengthen the community for all. It supports agencies with funding as they make other services to better improve lives in the community.

These non-profit agencies serve include the John Howard Society of Washington, Washington and Big Brothers, Big Sisters.

"I think it's important for students to be aware of the United Way because it is so far reaching in our community," Robinson said. "You may not know someone is raising the concerns that they face, but it's really important systems of overall community benefit."

At Corvallis, the United Way Student Committee this year consists of 12 students who have dedicated their time since the end of September.

Paulina Gonzalez, a volunteer and a student in the human resources program, said, "I've worked for organizations in the past that have been funded by the United Way, and I'm just happy to be helping out. It gives you the skills of fundraising and I really enjoy it." A number of fundraising events were put together and organized by the student



PHOTO BY WENDY STARRMAN

Kyle Archibald, a volunteer coordinator and business services student, carves pumpkins in a contest in his class today for the United Way on Oct. 29.

committee and the business foundation students as part of their participation. One event was the pumpkin carving contest, held Oct. 29.

"The students in the stu-

dents have been having meetings once a week for the past six weeks," said Robinson. "You will never know what they're still learning out to the next year. It's pretty impressive."

"I really enjoy getting to work with the students for the United Way and I think it's really a huge achievement to what they did is important," she said.

### THE ZOMBIES RETURN



PHOTO BY WENDY STARRMAN

Dancers invade the Corvallis Farmers' Market on Oct. 27, getting a jump-start on Halloween festivities as part of a downtown folk harvest celebration.



# More than just Swift's CD a catchy pop album

When 16-year-old Jakob Marikawa took a photo of an amaranth progress on a Thursday, B.C. shopping mall he did not expect to be the one wearing headbands. Nor should he have.

It all began on an ordinary day in September when the aspiring wannabe witnessed a group of Marikawas and security guards treating a man to the concrete and, donating it nervously, snapped a single photograph. When the guards noticed him, they demanded he delete the photo. Marikawa explained he was taking this and could not delete it.

As he turned to leave, RCMP officers arrived on the scene and he took another photo.

The next thing he knew, he was grabbed, pushed to the ground, handcuffed, placed under arrest, dropped onto the ground and taken to the back of an RCMP cruiser. His backpack was sliced from his shoulders and searched, without a warrant or his permission, and the guards then demanded he delete the photo.

"I was like, just panicked," Marikawa said after being released. "I was like, 'What's going on here, why am I being treated like this?'"

He is a quiet student. And one which needs to be asked. According to Section 8 of the Canadian Charter of Rights and Freedoms, "Everyone has the right to be secure against unreasonable search or seizure."

Unreasonable doesn't begin to describe it.

While malls are considered private venues, Marikawa was within his rights to be there, there until he was asked to stop.

The RCMP, however, was not within the rights to search and destroy his property without just cause or, more importantly, his consent. While he was not charged with any crimes, he was harassed from the mall for one month.



Ryan  
Bowman  
Opinion

And while the incident may not be the darkest example of the state's over-increasing demand for our freedom, it is the latest in a long parade of personal injustices in a country supposedly rooted in liberty and democracy. But process, it seems, has been replaced by an "hot now, ask questions later" mentality.

Still, back to our collective mind as the tragic and avoidable death of Robert Marikawa, killed in 2007 by suspected Tamil blasts from RCMP at the Vancouver International Airport.

Then there's the 2010 G20 summit in Toronto.

Disturbance of the meeting was grounds for apprehension, but countless by-products include and potential protection of unlawful arrest and use of unnecessary force was heard loud and clear across the globe.

Follow this with under-recognized (or recognized by select groups) the Occupy Toronto protests last summer and you have a disturbing pattern of public servants mistreating and mistreating upon the rights of the citizens they're supposed to be protecting.

And all of this in the midst of police chiefs crying for stop power of Bill C-30, which would allow officers (among others) to obtain Internet and cell phone records of Canadian citizens, without warrants, at any time and for any reason.

We have the right to photo graph in public. We have the right to protest. We have the right to our privacy.

Today it's just a backpack. Tomorrow it's everything our country stands for.

## BY ANDREW GIBSON

Twice Swift's fourth album, *Red*, was released on Oct. 25, in both a regular 10-track version and a deluxe 16-track version.

This album will leave long-time Swift fans satisfied but will fail to draw a new audience. The album is packed full of love songs, which is the norm for Swift, with only one song straying from her usual song love story told or future relationships.

Track 13, a personal lucky number for Swift, is aptly titled *The Lucky One*. It tells the story of someone's Hollywood rise to fame, and then how this person chose to leave the celebrity lifestyle. Swift says about her own relationship, why this song does a regular life saying, "It took some time, but I understood it more. Come on my name is up in lights, but I think you got it right." Swift has not yet revealed whose story this track tells.

The album also features two collaborations: *The Last Four* is a duet with Gary

Lugliardi of the band Snow Patrol, about a failed relationship. Swift and Lugliardi sing, "This is the last time I'm asking you why, you break my heart in the blink of an eye."

The other collaboration is *Everything Has Changed*, which features the vocals of British musician Ed Sheeran. This ballad captures the feeling of when you meet a new love and everything seems to shift into place. Sheeran and Swift describe this moment perfectly when they say, "All I know is you told the door you'd be mine and I'll be yours. All I know since meeting is everything has changed."

The album also has some upbeat tracks such as the lead single *We Are Never Ever Getting Back Together*, and *Trust*, which is about knowing a person is trouble but falling for him anyway. It is another upbeat track about being life long 22 and having fun.

Swift attempted to jump back into the pop charts with this album, however, it will

feature some country influences that can be heard in instruments used for some tracks on this title track. *Red* and *Alone* De.

The thing that could possibly turn new listeners away from this album is the repetitiveness of the lyrics in some of the songs. Swift is known for her normally thoughtful and witty lyrics but some songs on *Red* don't showcase this.

One example is the song *Day Day Day* where the song "Day day day, I've been loving you for quite some time, time time, you think that it's funny when I'm mad and mad" it leaves the listener thinking that perhaps just love a little more for some. Swift has clearly run out of creative ways to write about love.

If you were expecting another type and country music from Swift this time around, you will be disappointed. However, *Red* is a catchy pop album that features songs that will get stuck in your head and leave you wanting more after the first listen.

## COUNSELLOR'S CORNER

Yael Axelson

Most students experience some anxiety before tests. In fact, a little anxiety increases your alertness and can actually enhance your performance. Anxiety however, can cross the line from being a positive energy to becoming a distracting drag. Often such anxiety has a strong worry component. Do any of these thoughts sound familiar?

### Worry about performance:

- I should have studied more.
- I can't remember a thing that always happens to me.
- My mind goes blank. I'm not cut out for this.
- I have to get an "A".
- I'm going to mess up and look stupid.

### Worry about what others are doing:

- Everyone seems to know this stuff but me.
- No one else looks like such a wreck—what a loser!
- Everyone's finished but me—I must be dumb.

### Worry about negative consequences:

- What if I fail? I'll fail the course, lose progress. I'll never make anything of myself.
- I'll never get the job I want.
- I'll never be able to handle college studies.
- I'll have to see everything else in the course—how can I do that?

### Worry about bodily reactions:

- I feel sick—I'll never get through this.
- I'm sweating all over.
- Here it comes again. My hands are shaking, my head aches. Normal people don't like this.
- I feel like I'm going to go sick. Maybe I should leave.



Any of the above written concerns anxiety and actually prepare more worry and gives one the sense of being control. However, so much as anxiety feeds out of control, it is in fact, something that we can learn to overcome. There are many effective strategies we can use which will help us reduce our negative thought patterns, reduce the physiological anxiety response, and develop more effective beliefs so as to avoid falling into the anxiety cycle.

**What else you do?** There are many things that you can do to overcome your battle with test anxiety. Here are a few co-occurring resources:

- Make an appointment with a counsellor in Counselling Services to learn some effective and anxiety reduction strategies.
- Inquire about a Test Anxiety or the Performance Anxiety and/or a Relaxation group for help with the physiological symptoms in Counselling Services.
- Read Edward Thorndike's *Anxiety and Phobic Workings*, or the IGC.

## spoKe videos

On SpoKe Online ([www.spokeonline.com](http://www.spokeonline.com)) this week

- The reality may be a little less than the photo.
- See who takes home the hardware at the 20th annual Vancouver Sports Banquet.
- Moderator talks off at University in Waterloo.
- A B.C. video talks about the war and Humanitarian Day services.
- See the Kitchener Region in action.
- Learn what Canadiana students were up to on Halloween.

## Now deep thoughts ... with Conestoga College

Random questions answered by random students

If you could be any fruit,  
what would you be and why?



"I don't want to be a fruit or vegetable, I like being a human."

**Tyler Bellina,**  
first-year  
journalism student

"An apple because they are usually sweet."

**Breanna Gibbels,**  
first-year  
health information



"A grapefruit because it's my favourite."

**Christiana Lang,**  
first-year  
nursing

"A mango because they are juicy and delicious."

**Mel Phang,**  
first-year  
business administration marketing



"A sweet and juicy apple."

**Becky Shewchuk,**  
first-year  
journalism student

"A strawberry because being a star would be fun."

**Corinne Welsh,**  
second-year  
business administration supply chain



## Conestoga is Ontario's fastest growing college

BY WENDY BULLER

High job placement rates, a reputation for quality education and the addition of over 300 new programs in the last six years has made Conestoga College the fastest growing college in Ontario.

Figures released by the Ontario College Application Services confirm that full-time post-secondary enrollment across Conestoga's campuses exceeds 38,000, up eight per cent from last year. First-year enrollment rose to 9,141, up more than nine per cent from last year. The college's full-time enrollment growth from 2007 to 2012 is 61.1 per cent, the highest in the province.

International enrollment increased by 74 per cent, attracting students from over 60 countries. The college's degree programs have increased enrollment by 18.5 per cent, and graduate certificate programs enrollment is up 33.8 per cent.

Watkins Regional's growing population and dynamic economy are also factors. Toyota, Learstar and other companies at the high-tech sector

usually don't hire people who don't have some kind of post-secondary education.

"With the region's complex business structure, there's a need for high-level entry positions," said Conestoga College president John Yllescu.

There's also a lot of innovation. These companies struggle, while others emerge, so there's often a need for retraining.

Some of Conestoga's newly developed programs include corporate training and post-secondary opportunities, including education services, electronics construction and maintenance, and tool and die making.

The college regularly reviews and develops its training programs to meet industry needs. This year, they are looking into adding a number of new programs in the health care area, such as a possible degree in public health.

Because of Conestoga's growing enrollment, college administration has discussed possible expansion. The college owns the land on the other side of Highway 503 where the new Cambridge

campus is located, so a building could be placed there. They have also considered building an addition at the 200m campus, which would be built across the street from the new centre, an area which is approximately 20 acres. Possible expansion may also take place at the Waterloo campus to implement new programs in food processing and culinary hospitality.

There's great capacity at all of Conestoga's campuses, said Yllescu. "But at some point, there would have to be further growth of the buildings."

The other side of expansion is at the Bradford campus of Watlin-Laurier University Conestoga College already offers an articulation agreement where Laurier's third-year journalism students can take the broadcast television, video, broadcast journalism documentary, new media convergence, or integrated marketing communications programs at Conestoga.

"Our economy and population is continuing to grow," said Yllescu. "This means Conestoga will continue to expand as the years go by."



PHOTO BY WENDY BULLER

Conestoga College is Ontario's fastest growing college, with enrollment this year increasing by nine per cent over last year.



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# Community heroes shine at recognition breakfast

BY MIKE WILSON

"I wish we had more people like them, where they just say yes," said (Diane Murphy), locally known member of program (or) programs at Cambridge College. "If they can, they say yes. They are willing to help people who are having tough times and I just wish we had more employees like them."

Murphy was referring to Scott Wilson, promotions manager for W 103.5 FM and Dave FM, and George Vandenberg, director of human resources services for the City of Cambridge, both of whom was an award at the seventh annual Employment Foundation Network of Cambridge and North Dumbarton Recognition Breakfast at the South County Club on Oct. 24.

The event, which had more than 80 people in attendance, was held to recognize local employees who have earned reputations as assisting people by providing various work experiences, employment opportunities and more. There were a total of 12 employees recognized at the breakfast.

Wilson is a radio host for the First City, was specifically recognized by Cambridge College for helping students go through a

co-op program at the radio station he works for. He also works with Murphy to help individuals find a career path they are interested in.

Murphy, who has been on the board of a planning commission since its inception in 2008, runs two programs that help individuals decide their career path before they sign up for college or university. The programs are called Focus For Change and Discover Your Future.

The people in these programs tend to be going through a transition phase and are not of options. They are looking for a fresh start.

"They are literally on an island, they are on their own," Murphy said.

She does as much as she can to help those people overcome educational, financial and personal barriers in order to become successful. She can always count on Wilson to be a positive role model and kind a helping hand.

Murphy said, "The fact that I know I can say to my students, go to Scott or Dave FM and you'll be treated right, is really amazing."

"It doesn't matter what I ask, it may not even be within the scope of his department, but he'll say he knows who can help, for any situation."

Murphy had one of her students graduate from the broadcast - radio program at Cambridge last year because she brought him to Wilson and he introduced the student to helpful contacts in the industry.

Wilson said, "Cambridge took the time back in 2005 to take me as a coop student and show me the ropes and later on led me to my career. I just want to make sure I pay it forward and give it back to someone else."

"It just seems like a regular thing to do at work (on the coop program). But sometimes you don't understand the impact you're making on people's lives."

The co-op program involves students helping out around the studio, and shadowing Wilson and other employees.

"In your job you have to find certain things that make you want to go everyday, and that's usually one of them," Wilson said.

The other award winners at the recognition breakfast were: Cambridge Town, Cambridge Career Development, Blind Ambition and Solar Tech, Truroport, Cambridge, Cambridge Housing Society, Mawer, Robinson Robinson, North West Charming Shores, Upper Canada Plant Group and Lepidoptera World.



PHOTO BY MIKE WILSON

Scott Wilson proudly shows off the award he received at the seventh annual Employment Foundation Network Recognition Breakfast at the South County Club on Oct. 24.

Canadian  
Breast Cancer  
Foundation  
ONTARIO



## Small changes make all the difference!

Eating better, quitting smoking  
and drinking less alcohol can all help  
reduce your risk of cancer risk.

For tips on how to get a drink, visit our  
www.bccfo.org

# CHRISTMAS WONDERLAND

## Bronner's celebrates the holiday 361 days a year

BY ALLANAN FINKHOFF

The golden-bellied theme in the parking and the lights peeked away from each or year are both signs that Christmas is right around the corner. There's no better place to gear up for the holiday season than at 35 Christmas Lane, Frankensmuth, Mohr Bronner's Christmas Wonderland.

A four-hour drive from Connecticut, the "World's Largest Christmas Store" is a treat for the senses. Covering nearly 50 acres of grounds, flash glitter and glitz, Bronner's has over 88,000 products for sale, from dolls and handcrafted ornaments to postcards, lights and giant Christmas trees. Hundreds of candy canes, polar bears, nativity scenes and waterfalls adorn the ever-changing evergreen dance through the air like so many sugar plums, and red-robed employees that around like Santa's elves.

Need an arctic sweater hat string or garland? Bronner's has it. Toy starts, wigs, stuffed animals, candy or cones? Bronner's will ship it. If you can have it on a tree that sprawling, bright and magical place will provide it.

Started in 1945 by Walter "Wally" Bronner and his wife Irene, the Michigan landmark moved to its own, older, brick building in 1977 and is open 361 days a year, closing only for New Year's Day, Easter, U.S. Thanksgiving and Christmas.

Sam (who wouldn't give her last name) is a custom-ornament artist near the end of the store. She said they'll serve over 40,000 customers next weekend alone. They serve hundreds of thousands of customers throughout the year.

During the months of November and December special events adorn the calendar: Santa visits, glassblowing sessions are held and artists show up to sign their creations. Traditionally every Christmas Eve when Apple is maxed at the shop outside the entrance — Wally himself led the way along until his death in 2000.

In addition to in-store shopping Bronner's shops worldwide through online, mail telephone and fax orders.

For more information go to [www.bronners.com](http://www.bronners.com)

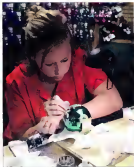


PHOTO BY ALLANAN FINKHOFF

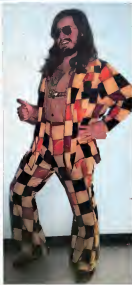
A custom ornament artist paints dolls on a busy Saturday at Bronner's Christmas Wonderland in Frankensmuth, Mohr Oct. 27.



# HALLOWEEN HIJINKS



MEET UP AT HARRY'S: SPIN-OUT students who got into the Halloween spirit included, clockwise from top left, Megan Thomas, Jocelyn Garvey, Adam Spohnert, Emma Goodfellow, Matt Hovatt, Aubrey Wright and Melissa Reid, not in order photo: Emma Goodfellow



# Career counsellors here to help

## College service offers students education on choosing the right path

BY BRIAN DOUGLAS

While the path to any given career may seem more like a maze, students who change their goals midway don't necessarily have to start all over.

Frequently, students find themselves unsure of their career path.

Local area, career advisors at Camosun College's Career Services unit connect one with 1,300 students and contacted more than 500 colleges as work shops. This indicates they must often are are those who think they're on the wrong program

"We can help with career decision making," said Karen Shoemaker, an advisor at the service. "We help them choose the right program for the career they want to get into."

Shoemaker said students most likely to switch are those who hadn't done enough research into their college program, took parents' or friends' suggestions, or don't know what they really like.

For those students, Career Services can help with formal and informal assessments connecting interests in

careers.

"A big piece of it is self-awareness," said Shoemaker, "and that's something that we always emphasize — good career planning really begins with self-awareness."

But, the service doesn't choose careers for its clients. It encourages students to research careers for themselves. In order to make well-informed decisions, students should conduct web and labour market research as well as research interviews with people in the field. Students need to know

themselves and the career that best suits their interests.

**44 (We) help them choose the right program for the career they want to get into.??**  
— Karen Shoemaker

"We never make decisions for people — it's just not that easy," said Shoemaker. "It's a full range of career-related needs that we help students with."

The long process, which begins with a discussion in high school leads to college and can involve, in some cases, most students want to redo.

"What we try to do is give some flexibility so people can extend the path that they're on or change their path," said Sharon Morris, Camosun's chair of student administration.

On top of helping students decide on their initial post-secondary college experience, Career Services also students looking to further their education.

Articulation agreements are contracts between post-secondary institutions, most often colleges and universities, setting guidelines for transfer credits. Students looking to turn their college diploma into a degree use the agreements to enroll into higher levels of education with advanced academic standing.

While students can apply to other institutions and receive advanced standing on a case-by-case basis, articulation agreements are formal contracts streamlining the pro-

cess and providing a guide for students.

The agreements not only allow students to further their education on one career path, but also allow for the opportunity to transfer credits into another path.

"I think it's a big advantage for students," said Shoemaker.

Set up with insurance around the world from Canada to the United Kingdom to Australia, such articulation agreements allow students different entry standing and degrees.

Shoemaker advises most students to start looking into the agreements at least a year in advance of graduation.

For students looking to study overseas, EOM Connections is a helpful organization that facilitates applications, transportation and accommodations.

Not, in some instances, students need not travel, as they can attend Camosun College for degree programs.

Currently offering 11 of them, the college can provide students with a higher level of education that only some other model before.

Where universities are abstract, representing students to take theory and apply it when studying, colleges have more toward applied learning.

"Our applied degrees are really more academically rigorous than the universities because we have the same theory plus the application," said Morris.

Students can begin their research at the Camosun College home page by following the "Academics" tab to "Turn Diploma Into Degree."

## Random Act Of Kindness Day.

### Friday November 9



Reach out to another person  
through a Random Act of Kindness!  
Pick up a Random Act of Kindness Card and  
'pay it forward' when performing a good deed!

To receive a card and for suggestions on how to 'pay it forward', check out:  
Student Life Centre, Door 4 A/V Coordinator at Waterlooville Campus  
@ Door 5 at Deas Campus Front Entrance at Guelph Campus  
Cafeteria at Cambridge Campus  
and participating Campus Service Areas!



## CHILLY VIBE ON THE BUS RIDE

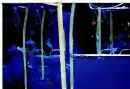


PHOTO BY JACQUELYNNE

As the days grew short and colder, early morning commuters ride a bus that's mostly empty on early blue light, just before 7 a.m., on Oct. 23.



# To get the shot, or not

BY JESSICA BERNARD

Influenza is a dirty word. For many, it connotes them to school in a long hall waiting for a needle while the others it means them to roll their eyes at the very idea of being vaccinated. Whatever side of the fence you're on, there's no denying that the season is upon us.

While spread of infection because of the virus typically occurs from mid-October to January globally, resulting in annual epidemics that result in three to five million persons cases and up to 500,000 deaths each year, according to the World Health Organization.

The flu can infect anyone but children and adults over 65 years of age run a higher risk of complications. "People who are susceptible to disease... or those who have chronic illness such as diabetes, are greatly helped from getting the flu shot," said Meghan Clark, a peer health educator with Oshkosh's health services, adding that if you are in good health getting the flu shot is still recommended, but not so urgent.

With so many students at Oshkosh, please me watching a rule from one person to the next. It is important to know the difference between symptoms of the common cold

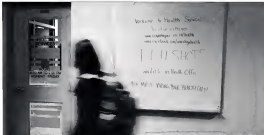


PHOTO BY JESSICA BERNARD

While some college students line up at the school for shots on campus, others choose to wait, or by

and something more serious.

The statistic the signs in lock out for according to the Kingdom of Waterloo. Public Health's website, include fever, headache, sore throat and extreme exhaustion. These symptoms are common for a cold, but present in those infected with the flu.

So who would anyone think twice before getting the shot?

Its effectiveness is a point of much debate.

Though most health departments will note the effectiveness of the flu shot at between 70 and 80 per cent, a recent study challenged that, as well as the fact that most of the statistical data on the vaccine's effectiveness goes back in the 1940s.

The findings of the paper place the vaccine's effectiveness

more at a rate of approximately 50 per cent in healthy adults, and even less in young children and adults over 65.

The report, The Changing Need for Gene Changing Influenza Vaccine from the CIBRAF. Comprised of Influenza Vaccine Institute, summed up more than 10,000 relevant documents, as well as personal interviews.

However the vaccine was not intended to be a cure all, as it only protects you from three of the expected strains of the virus.

"You can still get the flu after you get the flu shot because strains of the influenza virus mutate and the flu shot may not contain protection against those specific strains," said Clark.

# A fantastic feast for the fight

BY JESSICA BERNARD

An evening of decadent delights and culinary concoctions greeted those at the inaugural Chef's Gala for the Cure on Oct. 27.

The event which supported the Canadian Cancer Society, was held at The Holiday Inn Radisson Waterloo.

Guests were welcomed with a glass of wine, champagne as well as a variety of hors d'oeuvres including appetizers and stuffed shells. When music came thumped attendees so their feet into the ball room, ready to sit down to a five-course gastronomic dinner.

Reporters Tyla Rana, Codi Schaefer and Mark Poon of the talk show Bayview, were the evening hosts and even took the audience behind the scenes on TV monitors. Segments included a look at the kitchen as well as interviews with the chef, program and the kitchen staff.

Each culinary creation was prepared by a local Property Holdings chef, with a special focus on their respective region. With proceeds going to The Canadian Cancer Society,

guests not only enjoyed an incredible meal but also took part in live auctions for a dinner for 50 and a trip to Greece in between two of the courses.

Brian Mikolajewicz, general manager of The Holiday Inn Radisson-Waterloo and the idea for the gala, said he has been realized without the support of other managers of Holiday Inn properties.

"The team wanted to do a big event but we couldn't do it by ourselves," said Mikolajewicz. "As general managers of five different properties we always get together every year and this time we wanted to raise up with an event that would promote our chain, but would also be to a charity."

The Canadian Cancer Society is an organization that Mikolajewicz said is very close to him and his staff. After losing their dad, Mikolajewicz two years ago to cancer, the hotel team decided to participate in Relay for Life in his memory. From then on, raising money to pay back the cancer has been a top priority.

"Being in a community and representing a facility like this, we need to give some

thing back to the community," said Mikolajewicz. "It's our duty and obligation."

He said the most important goal for him was being able to make over 100 per cent of the proceeds went straight to the charity.

"When you do one portion or one part people always thank you are trying to make a profit off a charity I don't want to be known for that," he said. "For me if you're going to do something, you do it 100 per cent."

Having cancer survivors in his family, Mikolajewicz was the difference that cancer can make.

"You don't have a lot of cancer stories but now, because of the research, you're surviving," he said. "It's positive. There is a cure out there for it. There's hope."

The Canadian Cancer Society is a national community-based organization of volunteers whose mission is the reduction of cancer and the enhancement of the quality of life of people living with cancer. As the largest national funder of cancer research in Canada, the society has a greater impact on

more communities than any other Canadian cancer charity. Karen Griffiths, manager of the east office of the Canadian Cancer Society in Waterloo Region, said she was pleased with the evening's success.

"For a five-hour event, we were thrilled to see almost 500 people in attendance," she said.

Griffiths said it is always important to bring awareness to the Canadian Cancer Society in order for them to continue to raise money for life-saving research and support services for people living with cancer.

Even something as simple as transportation to and from appointments is something that not everyone can afford. One in three cancer patients cannot even get to treatment.

"Just \$50 will provide transportation for one cancer patient to a life-saving treatment appointment so they can focus on getting well," said Griffiths. "In effect the cost of the ticket to Chalk Oaks by the Cure will help create three patients in get to treatment."

With all possible going to charity, the evening took in over \$24,000 in ticket sales

and donations.

"It is extremely rare for 100 per cent of the proceeds to be donated back to the society," said Griffiths. "Usually with an event of this caliber there are significant logistical expenses, not to mention the cost of the meal."

The fight against cancer has come a long way since the Canadian Cancer Society started funding research in the 1940s. At the time, only 25 per cent of people survived compared to the approximately 60 per cent who are surviving today.

According to Griffiths, 70 per cent of research projects still struggle every year due to insufficient funds.

The more money that is raised in the community means that we can increase funding in the most possible research projects and work towards finding a cure for cancer," she said.

For more information about the Canadian Cancer Society in Waterloo Region, including upcoming events and volunteer opportunities, visit www.cancerwaterloo.ca or call the office at 519-883-8888.

# Animals are forever gifts

## Think before adopting that animal at Christmas

BY CATHY HOLLAND

With Halloween costumes off the racks and trick-or-treaters newly finished their work, our attention now turns to Christmas.

And while many enthusiasm for shoppers finish their shopping well before Dec. 25, others leave gift buying until the last second.

But there are some gifts that need a bit more thought than just deciding what colour of shirt to buy or how before the mail closes on Christmas Eve.

Animals are often popular gifts for children, but many parents rush into buying or adopting a puppy or a kitten without considering just how much work a pet entails.

Because of this, staff members at the Guelph Humane Society make sure the entire family is prepared for a new addition.

"Everyone in the family has

to meet the animal to ensure they are all comfortable with the idea," said Caroline Dommers, lost and found coordinator and adoption counselor at the Guelph Humane Society.

Often animals are not returned or brought back to humane societies shortly after Christmas because of allergies or because people are unaware of the hard work and dedication involved in taking care of an animal.

"I'm this person," said Dommers, "we are adoption around two to three days before and after Christmas as the adoption is not a last minute decision."

Like a child moving from home to home, animals also become stressed in new environments.

Some animals also have special needs, whether it be a health issue, a fear of men or small children or a dislike of other animals, and may require a particular

person or family to take care of them.

"That is why we are very careful about our adoptions," said Denise Deacon, executive director at the Guelph and District Humane Society, adding that she finds it difficult to see someone getting comfortable in a home, only to be moved or taken back to the shelter.

That just adds to the confusion of the animal," Deacon said. "When we need an animal home, we want to make sure it is their forever home."

According to Deacon, many animals do not naturally adjust well to groups of people. And upon Christmas is a time when friends and family get together. Deacon notes animals people build off on keeping a new pet home until after the holidays.

"Instead, people are just doing a gift certificate. That way everyone can come in and the animal can be chosen by the entire family," she said.



PHOTO BY CATHY HOLLAND

Cambridge and District Humane Society animal consultant, Denise Deacon, holds one of the many cats available for adoption at the shelter.

## Guelph Riverside Park goes to the dogs



PHOTO BY CATHY HOLLAND

Jeff Giesel and Guelph staff at the Guelph Humane Society's 20th annual Wiggly Waggle Walk in Riverside Park on Oct. 28. The event included a 5-km walk, exercise-related events and an opportunity to meet.



PHOTO BY CATHY HOLLAND

Annette Charnel encourages Winston to jump over an obstacle at the fundraiser for the society.

# The calm before the storm



PHOTO BY KEVIN GOODMAN

A pair of Concordia students shelter themselves from the rain on a chilly December morning. Waterloo Region received 50 mm of rain from Oct. 26 to 28.



PHOTO BY BRIAN SCHUBERLE

Yang Yu walks across Concordia's rainy campus on Oct. 27. Southern Ontario caught the edge of Hurricane Sandy last week.

It started out as drizzle, but it was the first sign of an approaching squall front.

Finally, the post-tropical system that travelled along the east coast of the United States last weekend, and as gentle rain on the morning of Oct. 26.

As it made landfall in New York, Kitchener experienced periods of

downpour overnight, and wind gusts of up to 57 km/h which uprooted several trees in the area and left portions of the city in a state of blackout for hours.

Though this was nowhere near the raw destruction Kitchener citizens had been told to anticipate, city alerts came to Concordia armed with umbrellas to protect themselves.



PHOTO BY KATHIE HOLLAND

First-year interior decorating student Kevinda Pittman experiences the backlash of the superstorm that hit on Oct. 29.

# Greyhounds outwork Storm

## Guelph team loses 6-2

### BY GUY LAWRENCE

After starting off the Ontario Hockey League season with a string of successes, the Guelph Storm got a taste of failure.

A disappointing and lackluster performance by the Storm on Oct. 25 culminated in a 6-2 loss to the South Shore Greyhounds in a sloppy, light-filled game at the Shennecos Centre.

All times, scoring seemed secondary to the fighting on the ice. There's no love left between the Storm and the Greyhounds after they played each other last week (Oct. 21) with Guelph pulling off a 7-5 win.

By the end of Sunday's game 30 infractions had been called with three players having been removed from the game — Guelph's Scott Hemmickoff for shoving, and both South Shore's Mike Petrucci for shoving an official and Chris Miller for shoving.

Worse, the Storm, last defenseman Andrew Polak for at least two games after he was given a match penalty for kicking a South player.

Guelph has already lost a number of players to injury this season, most recently for weeks, Ryan Harvey, Patrick Whelan and Hunter Goulet.

The team will have to make some adjustments to their lineup with another three games in three days coming up.

The game against the South Shore started slowly, with Storm players looking dejected and sluggish right out of the gate.

"It was a nervous start period, but that quickly changed when the Greyhounds let loose with four goals in the first 12 minutes of the second period."

The Storm had a number of opportunities to get back in the game but struggled on the power play, missing scoring opportunities and having trouble keeping the puck out of their end. Even two five-on-three power-play chances.

Storm coach Scott Walker said he was disappointed

with the lack of discipline he saw on the ice but wasn't about to berate his players' performance, saying that a tough schedule and the loss of players to injuries has been tough on the team.

"We came out a little faster than we should have ideally but we weren't into it. We weren't scoring any fast and got out of it early," said Walker.

"I think their hearts wanted to take their place. Their minds couldn't caught."

"But, we can live with it when we work as hard as other nights," he added. "We've had some tough games before and we'll continue to handle them."

Garret Skerbin started the game to start, but was relieved by Steve DeSilva in the third period after allowing six goals on 25 shots.

The past play came when a stunning performance the previous night in London, where he made 42 saves in regulation and then stopped all five London players he faced on the shootout as the Storm defeated the Knights 3-2.

A Guelph Sports Centre's captain what happened.

"I guess every night's a different night. You never know how the puck's going to bounce and I just didn't think I was getting the breaks that night. I got on Saturday night," he said.

"Part of it was me, part of it was just because I take responsibility for it, though and need to have a better weekend next weekend."

### TICKET PRICES

- Student tickets are \$15-20
- Students can also take advantage of the 25 percent pass / where on the game weekends you can add a second game for only \$15



Photo by Guy Lawrence

Jack Mitchell of the Guelph Storm attempts to score on Scott St. Marie Greyhounds goaltender Mark Murray on Oct. 25

## Defensive mistakes cost Condors the playoffs

### BY BYLAN HARRISON

Coach's team's outdoor soccer team read their defensive mistakes as their early elimination from the playoffs means that they had to watch Hamilton College win the Ontario Colleges Athletic Association (OCAA) championship with a 3-0 victory over Simcoe College on Oct. 27.

The Condors had a solid record of five wins, one draw and two losses as they approached their qualification game against Simcoe College on Oct. 14, but mistakes and bad luck sent them home looking their worst as Simcoe edged them 2-1 and secured a spot in the quarter-finals.

Simcoe became bronze medalists as they defeated St. Clair 4-1 in the bronze medal game — a title which Coach's held just one season prior.

Coach Aldo Krupar was proud of his team's performance against Simcoe, but was not happy with the loss. "We lost from both the players and the officials as defensive lapses and a goal shotted for an offside null out the team's game."

"I really thought that as the second half started Simcoe was what we were the game," he said. "But we made some mistakes and the referee also

made some important calls."

The result was a collection of the success on a whole for the Condors, who were good offensively but collectively needed to tighten up at the back.

"We were good offensively but we could have been defensively sometimes," said Krupar. "We can always score a goal or two but we should concentrate some of the chances that we do."

The team had a tendency to be fast back halves. They lost a few defense opportunities but didn't get the results they wanted against some of the more competitive teams in the league.

This was evident in a 1-1 tieup draw against Simcoe and also a 1-0 loss to Hamilton early in the Condors season. Midfielder Keith Aitken, a student in the business management camp program at the college, agreed.

"We struggled against the big teams to get results," he said. "We made some defensive mistakes and struggled to score in the big games."

Krupar recognizes the need for consistency against all levels of opposition and hopes that he can add a third practice to the team's weekly schedule next season to increase the level of prepara-

tion and build on what the team accomplished this year.

"It takes three different practices a week to focus in on set pieces, defense and technique," Krupar said, adding that this would help the team reach the level of consistency and performance that he desires.

Coach's Condors, however, came in on and this year as he completed his fourth season for the team, but he believes that next season the team can reach their playoff goals if they work hard in practice.

"We had good team spirit and were all friends," he said. "But we need to work on our team and commitment to actually supporting our selves."

Krupar always expects his teams to make the playoffs and challenge for the OCAA championships, and he believes that if the coaches improve and the team learns to play more as a team than they have a good opportunity to go far in the competition next season.

"We have speed in attack and good technique but sometimes we are too individual and need to work on being a team, more," he said. "We have to emphasize the importance of playing as a team, and making intelligent decisions throughout the game."